

IMPORTANT INFORMATION FROM THE FOOD SERVICES DEPARTMENT

The USDA has extended the free meal waiver through the '21-'22 school year. Every student is eligible to receive one (1) complete breakfast meal and one (1) complete lunch meal **for free** each school day.

No free or reduced meal applications are required to take advantage of this waiver. <u>However, we do encourage families to apply for free/reduced meals.</u>

WHY APPLY FOR FREE/REDUCED MEALS IF ALL MEALS ARE FREE?

- Students who are eligible to receive free or reduced meals may be eligible for discounted iPad protection fees, test fees, and/or field trip costs.
- 2. Families who are eligible for free or reduced meals may take advantage of a discounted broadband (high speed internet) package through Comcast or another internet provider.
- 3. Students who are eligible for free or reduced meals *may* have athletic fees, club fees, or graduation expenses reduced or waived.

HOW DO I APPLY FOR FREE/REDUCED MEALS?

Apply online at www.schoolcafe.com or through the SchoolCafe app (free download on Google Play or The App Store). Paper applications are available to be printed from the District's Food Services website or by request.

OUR MISSION: NURTURE AND CHALLENGE FOR SUCCESS

WHAT COMPRISES A FREE MEAL?



In order for a breakfast meal to be free, a student must take three items from the following categories: milk, grain, juice, and fruit. One of those three items MUST be a fruit or juice to count as a meal.

Lunch meals consist of five components: milk, grain, protein, fruit, and vegetable. A complete free meal consists of three of the five components. One of those three components MUST be a fruit or a vegetable.



WHAT IF MY CHILD DOES NOT TAKE THE REQUIRED COMPONENTS?

Our staff makes every effort to ensure that students take the USDA-required items to make a complete meal. If your student does not wish to take the required items to make a meal, he or she will be charged at our a la carte prices (see website). Funds must be available in the student's account to purchase any items as **charging is not allowed**. Additional information on prices and meal components can be found on our website, www.mtwp.net>Food Services and Lunch Menus.

WHAT IF MY CHILD WANTS SECONDS OR JUST A SANDWICH/SLICE OF PIZZA?

Students are allowed to purchase any meal component at the a la carte price IF they have funds available on their accounts. Prices are as follows:

Milk Only: \$0.70 Entrée (protein and two grains): \$2.00 Fruit or Vegetable: \$0.90

Extra complete meal: \$2.70 (Elementary Schools)

\$2.95 (Landis Run and Middle School

\$3.00 (High School)

For a list of available snack options and prices, please visit our website at www.mtwp.net>Food Services and Lunch Menus. Students MUST have available funds to be able to purchase snacks or extras.