



GIRLS ON THE RUN



NO RUNNING EXPERIENCE REQUIRED

OUR PROGRAM: At Girls on the Run, we are creating a community of girls empowered to be their best, by teaching them the skills they need to be strong, confident, and healthy . Girls on the Run provides a team experience in a caring, supportive, and non-competitive environment. The strong bonds girls form over the 10-week program translate into new and lasting friendships.

REGISTRATION DETAILS: Online registration opens August 11 and closes on August 19 at midnight. On August 20, a random computer generated lottery will be run for all schools. After the lottery is run all remaining available spots will open up to first come, first serve registration. Please check our website for specific dates, team locations, registration information, and to view our tiered registration fee chart. We never turn a girl away for financial reasons. www.gotrlancaster.org

EVENT DETAILS: **GOTR FALL 5K**
presented by OAL

SATURDAY, NOVEMBER 6TH
AT MILLERSVILLE UNIVERSITY



WHAT:

GOTR



WHEN:

Season starts 9/13 – Nov. 6th
And will meet Tuesdays and
Thursdays
3:30 – 5:15



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